

GENERAL INFORMATION FOR HONDURAS MISSION FEB 4 —FEB 25, 2012

DESTINATION: Orphanage Emmanuel is located near the town of Guaimaca, approximately 2 hours from Tegucigalpa.

LANGUAGE: Spanish

RELIGION IN HONDURAS: Predominately Catholic

CLIMATE: Warm with temperatures reaching mid 80's during the day and possibly 60-70 at night; rainy season is May through January, so probably dry. Last year, several team members got cold at night, so bring warm sleeping attire.

IMMUNIZATIONS AND DISEASES: The health department will give you a suggested list of immunizations. Each individual must make their own decision about what to have. No immunizations are required, except up-to-date tetanus (within the last 10 years). Typhoid is fairly common in Honduras. Typhoid immunization requires 2 shots 2-4 weeks apart. Malaria, which is also fairly common in Honduras, can be treated orally with Aralen 500mg/weekly starting 1 week before going and continuing for 6 weeks after returning. Diarrhea, the most common problem encountered, can sometimes be prevented by taking Septra DS or Doxycycline once a day. These are prescription medications, which your physician can prescribe.

FACILITIES: Dorms there will be a lack of privacy in sleeping arrangements which are dormitory style at best. We will use the team building and other buildings as needed. Restrooms—we will have flush toilets. Bath—we will have showers including hot water. Electricity—we will have electricity (our regular 110). Bring your OWN LOCK to lock up your valuables.

DRESS CODE AND CLOTHING: Clothing should be sufficient for 1 week at maximum, laundry facilities are available. You wash your own. Clothing for work should be comfortable, cool, and casual. Shoes should be chosen for comfort and suitability for walking in construction area. Long pants are suitable attire for the ladies at the orphanage. Advise taking at least one skirt or dress for possible trips into town or local church. Men can wear knee length shorts on construction project (no short shorts). A light sweater or jacket is suggested for night use. A sweatshirt works great.

LUGGAGE: Each team member is allowed one suitcase weighing **NO MORE THAN 50 LBS** and one carry-on which must be small enough to fit in storage compartment of plane. **Carry-ons cannot exceed 40 lbs.** Because of the new low luggage weight limits, please weigh your own bag before departure to avoid YOU having to pay any extra charges. **Because of changing regulations you should check with your airline carrier about luggage requirements.** Put an address label inside your suitcase as well as on the outside luggage tag. I would suggest that you carry anything you cannot live without in your carry-on, as suitcases have been lost before (especially any medications). At checkin you may be given a team box or bag to check as part of your luggage. When asked at the ticket counter has anybody given you anything to carry on the plane, the answer is NO. Luggage requirements are subject to change following the terrorist attacks, so be sure not to pack any tools or sharp objects in your carry-on or in your pockets. Tools can still be packed in your checked luggage.

ITINERARY: The itinerary will vary depending on the airline ticket booked. A team leader will be assigned for each departing group. You will be met at the Tegu airport for bus transportation to the orphanage. We estimate the departure of the bus from the Tegu airport to be approximately 1:30PM. Travel from Chattanooga to Atlanta airport is dependent on group size.

Same itinerary will apply to team members departing on Feb 11 and Feb 18.

Bus transportation will be provided from the orphanage to Tegu airport.

BE ON TIME AND DO NOT FORGET YOUR PASSPORT

EMERGENCY CONTACT

David Martinez at Orphanage Emmanuel, Guaimaca, F.M., Honduras Phone: 011-504-769-4162

E-Mail: emmanuelhonduras@gmail.com

Red Bank Baptist Church

Bert Jones, Associate Pastor or Bill Harvey, Administrator

Church: (423) 877-4514

Church: (423) 877-4514

Home: (423) 877-2503

Home: (423) 842-4300

Cell: (423) 290-1549

Cell: (423) 290-3526

We will be packing food, tools, and luggage on Wednesday, January 4, in the fellowship hall at Red Bank Baptist Church at 7PM. This will be for items shipped on the container on January 6. **PLEASE SHIP YOUR LUGGAGE ON THE CONTAINER IF POSSIBLE.** This eliminates your hassle at the airport. Please check with your team leader about tools you may need. **Do not pack tools in carry-on bags.** Anything you ship on the container that you plan to bring back on the plane must be packed in suitable luggage. **NO CARDBOARD BOXES.** Be sure to put a name tag on all baggage.

At the Tegucigalpa airport, please claim all the bags you checked and place them with the group luggage. Porters will load these on the truck for transport to the orphanage. **KEEP YOUR CARRY-ON BAG WITH YOU.**

NOTIFY DON OR RICHARD OF YOUR FLIGHT ITINERARY AND ANY CHANGES OR DELAYS.

Don Reynolds (423) 877-1368 or (423) 645-3828 cell

Richard Williford (423) 877-2154 or (423) 619-1007 cell

ITEMS TO TAKE

Bedding—we will supply it for you.

Towels and wash cloths

Insect repellent

Wet Ones

Shower shoes

Mirror

Soap

Personal medication—if you take maintenance medication, you need to give an extra supply to another team member

Personal toilet articles

Kleenex

Camera, film, batteries (bring extra- very expensive in Honduras)

Flashlight and batteries

Umbrella, poncho, or raincoat (just in case)

Sunscreen

Work gloves

Hat

Sunglasses and extra prescription glasses if necessary

JEWELRY—DO NOT take expensive jewelry; suggests only wedding bands and inexpensive watch

Copy of passport photo page

ADDRESS: Orphanage Emmanuel
Apartado Postal 20496
Comayagua, Honduras, CA

TELEPHONE: 011-504-769-4162

E-MAIL: emmanuelhonduras@gmail.com

If you have any allergies or special food requirements, notify the team leader.

Wear your team shirt on day of travel to Honduras. You will receive your shirt before time to leave.